



Thursday, February 27th

visit
MYRTLE BEACH
SOUTH CAROLINA
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White Gym

Session 1W- AAU Xcel Silver & Level 3

Open Stretch: 1:45 pm

Awards: 4:00 pm

(Level 3- All Teams)

(Silver- Carolina Elite, Cheraw, Hillsborough, J Cruz, Ross County, Spirit Athletics, Thomas, West Ashley, Yadkin Valley)

Session 2W- AAU Xcel Copper & Levels 1 & 2

Open Stretch: 4:00 pm

Awards: 6:30 pm

(All Teams)

Session 3W- AAU Xcel Silver

Open Stretch: 6:30 pm

Awards: 8:45 pm

(Carolina, CORE, Gymnastics Unlimited, New Bern, North GA Reign, River City)

Teal Gym

Session 1T- AAU Xcel Gold & Level 4

Open Stretch: 2:45 pm

Awards: 6:00 pm

(All Teams)

Session 2T- AAU Xcel Platinum, Diamond, & Levels 8-10

Open Stretch: 6:00 pm

Awards: 9:15 pm

(All Teams)

Black Gym

MYRTLE BEACH SOUTH CAROLINA



Friday, February 28th

visit
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White Gym

Session 4W- AAU Xcel Bronze

Open Stretch: 8:00 am

Awards: 10:15 am

(Carolina Elite, Gymnastics Unlimited, Hillsborough, J Cruz, River City, Spartanburg, Thomas, West Ashley, Yadkin Valley)

Session 5W- AAU Xcel Bronze

Open Stretch: 10:15 am

Awards: 12:30 pm

(Carolina, Cheraw, CORE, Miss. Libby's, New Bern, Next Level, North GA Reign, Thomas)

Session 6W- USAG Bronze

Open Stretch: 12:30 pm

Awards: 3:15 pm

(Cape Fear, Hart, Kidsport, Meadowview, Metrolina, Next Level, OMEGA, River City, Rock N Chalk, Unity Athletics)

Session 7W- USAG Xcel Silver

Open Stretch: 3:15 pm

Awards: 6:30 pm

(Cape Fear, CountrySide, Galax, Interstate, Meadowview, Stanly County, Tapio, Twist 'N Flip, WAKE)

Session 8W- USAG Xcel Diamond

Open Stretch: 6:30 pm

Awards: 9:45 pm

(Carolina Stars, Central Carolina, Flex, Greenville, Lake Norman, Miss. Libby's, New Era, Next Level, River City, Rock Hill, Rock N Chalk, Thomas, TNT, Unity Athletics, Virginia Elite)

Teal Gym

Session 4T- USAG Xcel Silver

Open Stretch: 8:00 am

Awards: 11:30 am

(Balance, Carolina, OMEGA, Rock Hill, Thomas, TNT, Triumph, Twist 'n Flip C)

Session 5T- USAG Xcel Silver & Level 3

Open Stretch: 11:30 am

Awards: 2:45 pm

(Silver- Beach Team, Excel, Gym Fit, New Bern, Step Ahead, Zenith)
(Level 3- Galax, Gym Fit, Rock Hill, Soda City, Southern NH, Spartanburg, Spirit Athletics, Step Ahead, TNT)

Session 6T- USAG Level 4

Open Stretch: 2:45 pm

Awards: 6:15 pm

(Acrosmith, Carolina, Greenville, Gym Fit, Gymnastics Unlimited, Lake Norman, Rock Hill, Step Ahead, Virginia Elite)

Session 7T- USAG Xcel Diamond & Sapphire

Open Stretch: 6:15 pm

Awards: 9:30 pm

(Sapphire- All Teams)
(Diamond- Athletic Edge, Beach Team, Carolina, Hart, Premier, Skyline, Triumph)

Black Gym

Session 4B- USAG Xcel Silver

Open Stretch: 8:00 am

Awards: 11:30 am

(Flex, Greenville, Kidsport, Metrolina, Next Level, Skyline, Southern NH, Unity Athletics, Virginia Elite)

Session 5B- USAG Level 3

Open Stretch: 11:30 am

Awards: 2:45 pm

(Acrosmith, Balance, Carolina, Catts, Clemmons, Greenville, Gymnastics Unlimited, Skyline, Thomas, Virginia Elite, West Ashley)

Session 6B- USAG Level 4

Open Stretch: 2:45 pm

Awards: 6:15 pm

(Balance, Clemmons, Excel, Next Level, Skyline, Soda City, Spartanburg, Spirit Athletics, Thomas, TNT, West Ashley)

Session 7B- USAG Xcel Gold & Level 5

Open Stretch: 6:15 pm

Awards: 9:45 pm

(Level 5- All Teams)
(Golds- Arrow Athletics, Balance, Crystal Coast, Gym Fit, Illumination, Metrolina, WAKE, West Ashley)



Saturday, March 1st

visit
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White Gym

Session 9W- USAG Xcel Bronze

Open Stretch: 8:00 am

Awards: 11:00 am

(Beach Team, CountrySide, Flex, Flip Force, Gym Fit, New Bern, Tapio, TNT, Triumph)

Session 10W- USAG Xcel Bronze

Open Stretch: 11:00 am

Awards: 2:00 pm

(Carolina, Galax, Gym Inc, Soda City, Southern NH, Twist 'n Flip, WAKE, West Ashley, Yadkin Valley)

Session 11W- USAG Xcel Gold

Open Stretch: 2:00 pm

Awards: 5:45 pm

(Beach Team, Cape Fear, Catts, Flex, Next Level, Perimeter, Rock N Chalk, Skyline, Spirit Athletics, Step Ahead, Tapio)

Session 12W- USAG Xcel Platinum

Open Stretch: 5:45 pm

Awards: 9:15 pm

(Carolina, Carolina Stars, Flex, Hillsborough, Meadowview, New Era, Premier, Rock N Chalk, Stanly County, Triumph, Virginia Elite, Yadkin Valley)

Teal Gym

Session 9T- USAG Levels 1 & 2

Open Stretch: 8:00 am

Awards: 10:45 am

(All Teams)

Session 10T- USAG Level 8

Open Stretch: 10:45 am

Awards: 2:15 pm

(Athletics Edge, Central Carolina, Flip Force, Gym Fit, Kidsport, Lake Norman, New Bern, Next Level, Olympia Hills, Rock Hill, Skyline, Stanly County, Step Ahead, Thomas, TNT, Triumph, Virginia Elite)

Session 11T- USAG Level 9

Open Stretch: 2:15 pm

Awards: 6:00 pm

(Acrosmith, Balance, Carolina Stars, Central Carolina, CountrySide, Emerald City, Excel, Flip Force, Gym Inc, Gym-Ken, Hart, Lake Norman, Langley, Metro, Metrolina, New Bern, New Era, Next Level, Rock Hill, Skyline, TNT, Virginia Elite)

Session 12T- USAG Levels 9 & 10

Open Stretch: 6:00 pm

Awards: 9:45 pm

(Level 9- Athletic Edge, Beach Team, Eagles, Greenville, Gym Fit, Gymnastics Unlimited, Houston, Illumination, OMEGA, Stanly County, Thomas, Unity Athletics)
(Level 10- All Teams)

Black Gym

Session 9B- USAG Xcel Bronze

Open Stretch: 8:00 am

Awards: 10:45 am

(Catts, Crystal Coast, Excel, Thomas, Twist 'N Flip, Virginia Elite, Zenith)

Session 10B- USAG Level 8

Open Stretch: 10:45 am

Awards: 2:15 pm

(Acrosmith, Balance, Clemmons, CountrySide, Eagles, Emerald City, Flex, Greenville, Gym-Ken, Hart, Houston, Meadowview, Metrolina, OMEGA, Parkettes, Unity Athletics, Zenith)

Session 11B- USAG Xcel Gold

Open Stretch: 2:15 pm

Awards: 6:00 pm

(Carolina, Galax, Interstate, Meadowview, OMEGA, Rock Hill, Thomas, Twist 'N Flip, Unity Athletics, Yadkin Valley)

Session 12B- USAG Xcel Platinum

Open Stretch: 6:00 pm

Awards: 9:30 pm

(Arrow Athletics, Athletic Edge, Balance, Catts, Central Carolina, Energy, Greenville, Hart, Lake Norman, Next Level, River City, Skyline, Step Ahead)



Sunday, March 2nd

visit
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White Gym

Session 13W- USAG Levels 6

Open Stretch: 8:00 am

Awards: 11:30 am

(Athletic Edge, Energy, Flip Force, Gym Fit, Gym-Ken, New Bern, Next Level, OMEGA, Parkettes, Spartanburg, Stanly County, Virginia Elite, West Ashley)

Session 14W- USAG Xcel Silver

Open Stretch: 11:30 am

Awards: 2:30 pm

(Crystal Coast, Flip Force, Gym Inc, Hart, Miss. Libby's, Perimeter, River City, Rock N Chalk, Yadkin Valley)

Session 15W- USAG Xcel Gold

Open Stretch: 2:30 pm

Awards: 6:00 pm

(Central Carolina, Flip Force, Greenville, Gym Inc, Hart, Hillsborough, Kidsport, New Bern, Stanly County)

Teal Gym

Session 13T- USAG Level 6

Open Stretch: 8:00 am

Awards: 11:30 am

(Acrosmith, Arrow Athletics, Carolina, Catts, CountrySide, Gym Inc, Langley, River City, Rock Hill, Skyline, Spirit Athletics, TNT, Zenith)

Session 14T- USAG Level 7

Open Stretch: 11:30 am

Awards: 2:30 pm

(Carolina, Catts, CountrySide, Emerald City, Excel, Gym Fit, Gymnastics Unlimited, Houston, Illumination, New Bern, OMEGA, Parkettes, Rock Hill, Southern NH, Step Ahead, Unity Athletics, Virginia Elite)

Session 15T- USAG Xcel Platinum

Open Stretch: 2:30 pm

Awards: 6:00 pm

(Beach Team, Cape Fear, Crystal Coast, Illumination, Metrolina, OMEGA, Rock Hill, Tapio, Thomas)

Black Gym

Session 13B- USAG Level 6

Open Stretch: 8:00 am

Awards: 11:30 am

(Balance, Clemmons, Eagles, Emerald City, Greenville, Gymnastics Unlimited, Metrolina, Olympia Hills, Premier, Step Ahead, Thomas, Triumph, Unity Athletics)

Session 14B- USAG Level 7

Open Stretch: 11:30 am

Awards: 2:30 pm

(Acrosmith, Athletic Edge, Balance, Clemmons, Eagles, Flex, Greenville, Gym-Ken, Kidsport, Meadowview, Metro, Metrolina, Next Level, Olympia Hills, Premier, Skyline, Spirit Athletics, Triumph)

Session 15B- USAG Xcel Gold

Open Stretch: 2:30 pm

Awards: 6:00 pm

(CountrySide, Energy, Excel, Langley, Miss. Libby's, River City, Triumph, Virginia Elite, Zenith)

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